



Overflowing Life

COACHING | EQUIPPING | GETAWAYS

Private One-On-One Coaching Packages with Life Coaches,
HENNIE ALBERTSE and SUSAN ALBERTSE

* Life Coaching Topics for a TAILORED Coaching Package*

YOU AND YOUR COACH WILL (TOGETHER) DESIGN A PACKAGE (OF MINIMUM 10 SESSIONS)
THAT FITS YOUR NEEDS, CHOOSING FROM THE FOLLOWING TOPICS...

Discovery
Session
(Compulsory)

Self-Care
and
Boundaries

Life
Balance

Time
Management

Discovering
Values

Victory in
your mind

Mind
Renewal

Secure in
your
Identity

Dream
Awakening

Different
Perspectives

Purpose,
Grace and
Authority

Purpose
Development:
Life Messages

Purpose
Development:
Audiences

Purpose
Development:
Impact

Purpose
Development:
Tasks

Life
Purpose
Statement

Business,
Ministry
and
Calling

Marriage
Enrichment
Or
Singleness,

KINDLY REFER TO A **SEPARATE PDF DOCUMENT** THAT EXPLAINS THE DETAIL OF EACH OF THESE TOPICS...



PRIVATE (1:1) and Tailored Coaching Packages

10

IGNITE Package Fees – Inclusions, Payment Options and Terms:

- **Format of Coaching Sessions:** Private one-on-one coaching sessions with flexibility: 60 Minutes during the week or Weekend at a specific (& reoccurring) time that suits you & your coach.
- **Timeframe:**
 - ❑ Option 1: **10x 1 Hour** personalized & tailored coaching sessions over **12 weeks (3 months)**. We will cover 10 sessions over 12 weeks (max **1 session per week**). Only **2** postponements are therefore allowed. Unused sessions after 12 weeks are non-refundable.
 - ❑ Option 2: **10x 1 Hour** personalized & tailored coaching sessions over **24 weeks (6 months)**. We will cover 10 sessions over 24 weeks (**1 session every second week**). Only **4** postponements are therefore allowed. Unused sessions after 24 weeks are non-refundable. This option is slightly more expensive than option 1.
- If more than 10 Sessions are needed a NEW Contract/Agreement will be set up with a newly agreed rate structure.
- Sessions are Prepaid in full before the first session starts at **10% Discount** **OR** Prepaid (with no discount) in 3 instalments.
- **Cancellation:** Once you make the 1st payment, your total coaching package fee is non-refundable.
- Price also includes Coaching Hours, eBooks & life-changing 'homework' guidelines + coach accountability
- 10% Of your Coaching fee will be donated to our "**Free Coaching Bursary Fund**" to help others who cannot afford coaching.
- **Rates & Payment Preference for this package:** **Enquire at info@overflowinglife.net**
 - ❖ ☐ = Once off payment - 10%
 - ❖ ☐ = Payment in 3 Instalments
 - ❖ ☐ + A supplement for 'after-hours' coaching



PRIVATE (1:1) and Tailored Coaching Packages

20

NOURISH Package Fees – Inclusions, Payment Options and Terms:

- **Format of Coaching Sessions:** Private one-on-one coaching sessions with flexibility: 60 Minutes during the week or Weekend at a specific (& reoccurring) time that suits you & your coach.
- **Timeframe:** **20x** 1 Hour personalized & tailored coaching sessions over **24 weeks (6 months)**. We will cover 20 sessions over 24 weeks (max **1 session per week**). Only **4** postponements are therefore allowed. Unused sessions after 24 weeks are non-refundable.
- If more than 20 Sessions are needed a NEW Contract/Agreement will be set up with a newly agreed rate structure.
- Sessions are Prepaid in full before the first session starts at **10% Discount** **OR** Prepaid (with no discount) in 3 instalments.
- **Cancellation:** Once you make the 1st payment, your total coaching package fee is non-refundable.
- Price also includes Coaching Hours, eBooks & life-changing 'homework' guidelines + coach accountability
- 10% Of your Coaching fee will be donated to our "**Free Coaching Bursary Fund**" to help others who cannot afford coaching.
- **Rates & Payment Preference for this package:** **Enquire at info@overflowinglife.net**
 - ❖ ☐ = Once off payment - 10%
 - ❖ ☐ = Payment in 3 Instalments
 - ❖ ☐ + A supplement for 'after-hours' coaching



PRIVATE (1:1) and Tailored Coaching Packages

40

FLOURISH Package Fees – Inclusions, Payment Options and Terms:

- **Format of Coaching Sessions:** Private one-on-one coaching sessions with flexibility: 60 Minutes during the week or Weekend at a specific (& reoccurring) time that suits you & your coach.
- **Timeframe:** **40x** 1 Hour personalized & tailored coaching sessions over **48 weeks (12 months)**. We will cover 40 sessions over 48 weeks (max **1 session per week**). Only **8** postponements are therefore allowed. Unused sessions after 48 weeks are non-refundable.
- If more than 40 Sessions are needed a NEW Contract/Agreement will be set up with a newly agreed rate structure.
- Sessions are Prepaid in full before the first session starts at **10% Discount** **OR** Prepaid (with no discount) in 3 instalments.
- **Cancellation:** Once you make the 1st payment, your total coaching package fee is non-refundable.
- Price also includes Coaching Hours, eBooks & life-changing 'homework' guidelines + coach accountability
- 10% Of your Coaching fee will be donated to our "**Free Coaching Bursary Fund**" to help others who cannot afford coaching.
- **Rates & Payment Preference for this package:** **Enquire at info@overflowinglife.net**
 - ❖ ☐ = Once off payment - 10%
 - ❖ ☐ = Payment in 3 Instalments
 - ❖ ☐ + A supplement for 'after-hours' coaching

CONTACT US

We offer a **COMPLIMENTARY** Introduction Zoom Session (20 – 30 minutes) to everyone who considers Life Coaching! During this session, we will learn more about your specific needs, get to know you better, answer all your questions and discuss a possible plan of action going forward... **Contact us:**

Susan Albertse

susan@overflowinglife.net

LinkedIn [Click here](#)

📞 0027 82 749 2956 (International)

📞 082 749 2956 (Local)

Appointments: Online Via **Zoom**



Hennie Albertse

hennie@overflowinglife.net

LinkedIn [Click here](#)

📞 0027 84 522 4260 (International)

📞 084 522 4260 (Local)

Appointments: Online Via **Zoom**